

# FREE INFORMATION SESSIONS

## Weekly topics for November - December

Sessions are 1:30pm – 3pm, repeated 3:30pm - 5pm. Refreshments included.  
In the Community Room at Withycombe Raleigh C of E Primary School

Topic	Fridays:	Topic Covers:
<b>Executive Functioning</b>	<b>2<sup>nd</sup> Nov</b>	Looking at <b>working memory</b> , reasoning, organisation, time management, flexibility, <b>problem-solving</b> as well as planning and task completion. Recognising working memory failure. Games and activities to develop <b>auditory memory</b> . How to build attention, focus and concentration. Experienced retired Educational Psychologist co-presenting.
<b>Learning to Wait (Language development)</b>	<b>9<sup>th</sup> Nov</b>	Why is it so important to be able to wait? It is the basis of <b>resilience</b> , social interaction ( <b>turn-taking</b> ) and <b>self-control</b> (internal discourse). We will also consider undetected <b>language</b> problems. Retired Ed Psychologist co-presenting.
<b>How can I help a child who may have autistic traits? (e.g. Asperger's/Autism/PDA)</b>	<b>16<sup>th</sup> Nov</b>	As <b>anxiety</b> is at the root of so many behaviours, anyone wanting a greater understanding of these would benefit from attending. We will look at strategies including social stories, ideas for in & out of the class /at home. Retired E.P. here.
<b>Preparing for Christmas for those children who have suffered loss or any change</b>	<b>23<sup>rd</sup> Nov</b>	How to help a child suffering from one of these debilitating issues, in the classroom or at home, including working through the stages of grief. How loss, grief, separation and change are linked. Ways you can help a grieving parent. How children of different ages react. Covers <b>divorce</b> and <b>bereavement</b> too.
<b>Aspects of DYSLEXIA – 'Can you be a bit dyslexic?' 'How to help children learn to read better'</b>	<b>30<sup>th</sup> Nov</b>	Hints and tips for empowering those who struggle to read. Straightforward and effective strategies for school and home, <b>resources supplied</b> . Also ideal for volunteers hearing reading in school.
<b>Understanding boys' learning and motivation</b>	<b>7<sup>th</sup> Dec</b>	Boys can under-achieve, show disruptive behaviour and lack motivation for learning. We will learn about boys' brains, matching needs to activities and creating boy-friendly lessons, classrooms and homes. We'll look at <b>shame</b> too.
<b>Preparing for Christmas; keep calm and MISP</b>	<b>14<sup>th</sup> Dec</b>	Children who overreact /are not maximising their potential; could this be the way forward for your child (in class/at home)? Learn strategies to <b>keep yourself and the class calm</b> . Massage in Schools Programme – feel free to ring for more details.

For parents, teaching assistants, teachers, child-minders and other interested parties.

To book a place please ring 01395-263397 ext 2, or email [chollingsworth@wrpschool.org](mailto:chollingsworth@wrpschool.org)