



Anti-Bullying Guidance for Parents and Carers

At Withercombe Raleigh Primary School we believe that children have the right to learn in a supportive, caring and safe environment without the fear of being bullied. This short leaflet describes some of the ways parents and carers can help the school to identify, prevent and deal with bullying.

Photo: Some of the School Council with the Anti-Bullying Guidelines cards they created.



What is Bullying?

It is important that we make the distinction between bullying, and friends falling out with each other. **Bullying is a persistent, repeated and deliberate attempt to hurt or humiliate someone.**

Bullying is not acceptable!

Bullying can occur through several types of behaviour:

Physical	involving hitting, punching, kicking or stealing
Verbal	name calling and making unpleasant comments
Emotional or psychological	leaving someone out or spreading rumours
Cyber bullying	sending abusive texts or e-mails or by abusive comments being made on social media including sites such as Facebook or Instagram

Advice for parents and carers

What to do if your child tells you they are being bullied:

- **Reassure your child that they have done the right thing in telling you.**
- **Talk calmly with your child and listen to what they say.**
- **Explain to your child that you must report all and any further incidents.**
- **Make an appointment to see your child's class teacher immediately.**



Dealing with bullying

It can take time to help those who are being bullied, and those who are using bullying behaviour, but we will always do our best to ensure that no child comes to school in fear of being bullied.

If bullying is suspected we will talk to all the children concerned. Help and support will be given as appropriate to both the victim and the bully.

We have a clear Anti Bullying Policy which can be found as part of our Behaviour Policy, available on the school website. We will record any incidents of bullying on our online CPOM recording system.

When a child reports that they feel they are being bullied, we will:

- Offer them an opportunity to talk about what has happened with an adult
- Inform parents and carers
- Enforce sanctions if necessary
- Offer continuing support if children feel they need it

What children should do

Every child has been provided with a copy of our school Anti Bullying Guidelines created by the School Council. This is a small laminated card they can keep, which clearly sets out what they should do if they are being bullied.

The most important rule is:

TELL AN ADULT STRAIGHT AWAY!

If you or your child have any concerns or worries regarding bullying please do not hesitate to contact your child's class teacher, or alternatively Headteacher Mr Powley, Mrs E Jones or Miss K Lee.

Useful resources

Our school website

www.wrpschool.org

Here you can find all our policies including anti-bullying and behaviour policies, and advice such as staying safe online. We will also have links to other useful resources:

The UK Anti-Bullying Charity
www.bullying.co.uk

NSPCC
<https://www.nspcc.org.uk>

Anti-bullying Alliance
www.antibullyingalliance.org

Kidscape
www.kidscape.org.uk

Childline
www.childline.org.uk
0800 1111

BullyingUK, Part of Family Lives
www.bullying.co.uk
0808 800 2222